

"Not-So-Traditional" Physical Therapy  
*...Feel The Difference!*

[www.Austinpt.com](http://www.Austinpt.com)

**Please FAX Referral Form to:**  
 (256) 883-9490 - Jones Valley  
 (256) 213-7820 - Hampton Cove

**Convenient Hours:**  
 Monday-Thursday: 7am-7pm  
 Friday: 7am-5pm

**Jones Valley Location**  
 2089 Cecil Ashburn Drive, Suite 202  
 Huntsville, AL 35802  
 Office: (256) 883-9494, Option 1

**Hampton Cove Location**  
 5540 Highway 431 South, Suite A  
 Brownsboro, AL 35741  
 Office: (256) 883-9494, Option 2

Name: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Dx/Sx-1: \_\_\_\_\_  
 Dx/Sx-2: \_\_\_\_\_  
 ICD-10: \_\_\_\_\_

Frequency  1x/wk  2x/wk  3x/wk  \_\_\_\_\_  
 Duration  2 wks  3 wks  4 wk  \_\_\_\_\_  
 Therapist Discretion...as needed

\_\_\_\_\_  
 Physicians Signature \_\_\_\_\_  
 Date

**Evaluate and Treat**  **FREE Consult**

**SPECIALTY PROGRAMS**

- Postural Restoration Technique
- Pool Therapy
- Dry Needling
- ART (Active Release Technique)
- Manual Therapy PRN
- Modalities- PRN

**UPPER LIMB**

- Shoulder Pain
- Rotation Cuff Pain
- Impingement Syndrome
- Tendonitis/Bursitis
- AC Joint/ SC Joint

**FOOT/ANKLE**

- Ankle Pain
- Achilles Tendonitis
- Plantar Fasciitis
- Ankle Sprain (G1-3)
- Ankle Instability

**BACK**

- LBP/Radicular S/S (Sciatica)
- Chronic LBP Restore
- SI Joint Pain
- Pelvic Floor Dysfunction
- Scoliosis
- Pregnancy Related Back Pain

**HIP**

- Hip Dysfunction
- Hip Bursitis
- Anterior Hip Pain
- Hip Impingement

**NEURO**

- Parkinsons, PWR4Life!
- MS Mobility/ADC
- Vestibular
- Balance Reset

**POST**

- Cancer/Cardiac Restore
- Post-Op Program

**NECK/THORACIC**

- Cervical Pain/ Radicular S/S
- Thoracic Outlet Syndrome
- Breathing Mechanics/ Rib Cage Evaluation
- TMD/TMJ

**LOWER LIMB**

- Knee Dysfunction
- Patellar Tendonitis
- ITB Syndrome
- Hamstring Strain
- Patellar Tracking Issues

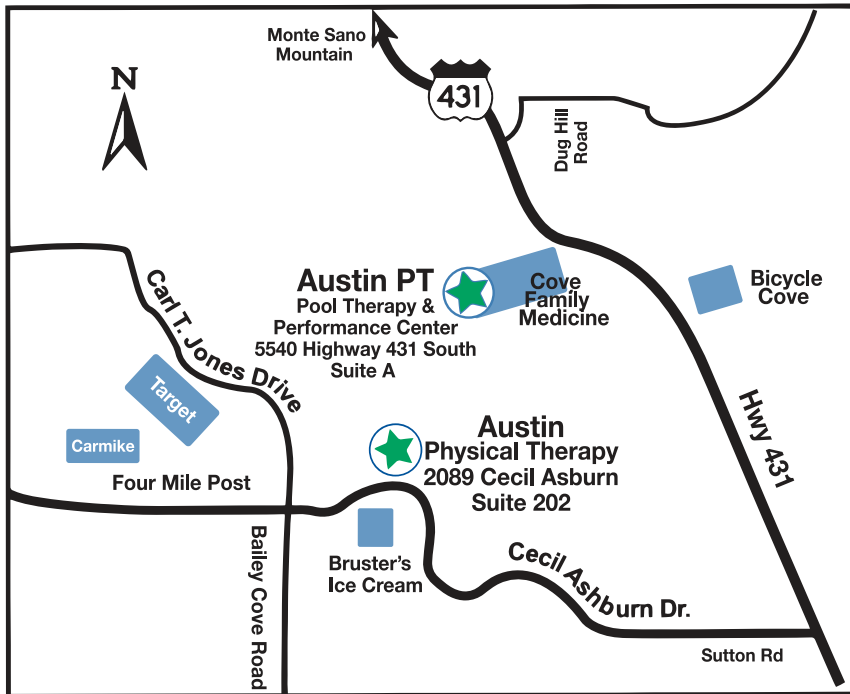
**FITNESS & PERFORMANCE**

- TPI Golf Fitness
- On Base University Baseball
- Speed Training
- Performance Center
- Youth Fitness
- Homeschool PE

# AUSTIN

PHYSICAL THERAPY

Please arrive 10 minutes early to fill out the New Patient Packet. Visit our website at [austinpt.com](http://austinpt.com) to download new patient forms.



**For your first PT visit please bring:**

- This Referral Form
- Insurance Card and Driver's License
- List of Current Medications
- Current X-Ray and/or MRI Reports
- Wear loose-fitting clothes (shorts if being seen for hips, knee or ankle)

**Golf/Athletic Screen:**

- Five Iron, Driver (Golf Screen)
- Bat/ Batting Gloves
- Tennis Raquet
- Tennis Shoes
- Shorts

*Thank you for trusting us with your patient's care.*

[www.austinpt.com](http://www.austinpt.com) / [austingolfandperformance.com](http://austingolfandperformance.com)

# AUSTIN

GOLF & PERFORMANCE



## Move Better, Feel Better and *Improve Your Fitness!*

Austin Golf & Performance was established combining the same "unconventional" therapy with high performance fitness. Not only are you improving your fitness, but you're improving how WELL your body moves. Training incorporates the proven "postural restoration" approach while combining strength, power and speed.

- GOLF PERFORMANCE OF ALL AGES
- BASEBALL
- TENNIS
- VOLLEYBALL
- HOCKEY
- BASKETBALL
- ...AND MORE!

*Call or visit our website to find out more!* [www.Austinpt.com](http://www.Austinpt.com) (256) 883-9494, Option2